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PAGE 12

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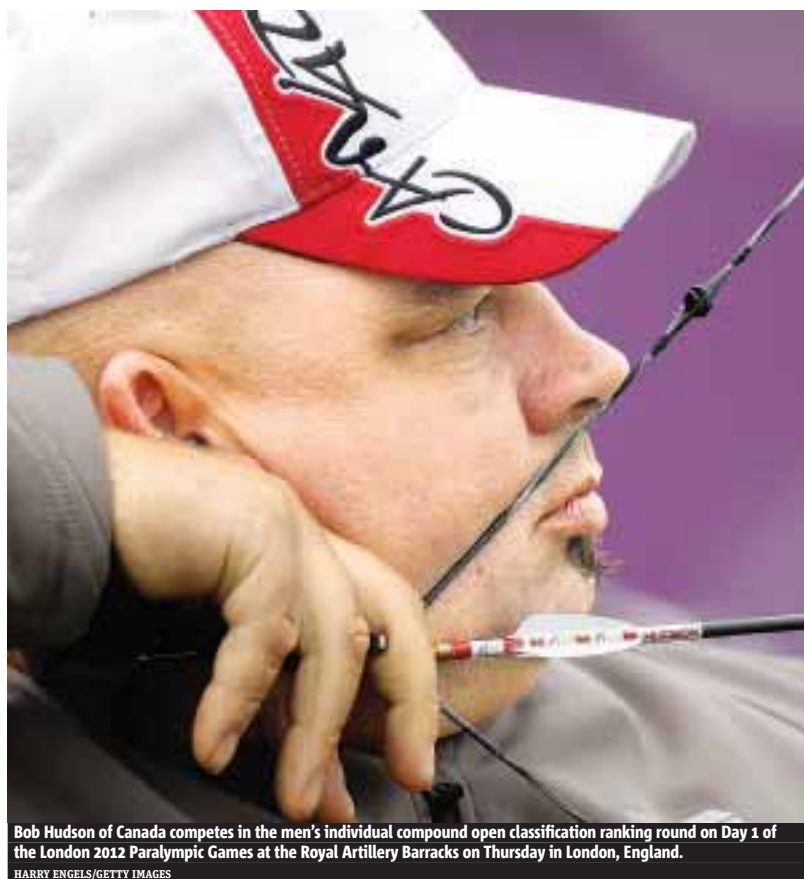


WEEKEND, Aug 31-Sept 3, 2012

News worth sharing.

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Meet your Paralympic athletes



Bob Hudson of Canada competes in the men's individual compound open classification ranking round on Day 1 of the London 2012 Paralympic Games at the Royal Artillery Barracks on Thursday in London, England.

HARRY ENGELS/GETTY IMAGES

Saskatchewanians going for gold. One is competing in his sixth Paralympic Games, others in their first



With the 2012 Paralympic Games underway, the spirit of athletics and sportsmanship is far from burning out in London.

Fuelling that spirit with great Prairie pride are six of Saskatchewan's most daring athletes.

Arnold Boldt: Having participated in five Paralympic Games and winning eight medals in high jump, Boldt

is a veteran. But this year, the SIAT associate vice-president of academic and research is reaching for another gold as a cyclist.

Logan Campbell: After losing his right hand in 2005, Campbell wasn't about to stop doing what he loves — sailing. The U of S grad and Saskatoon native is excited to be at his first Paralympic Games.

Alexandre Dupont: When Dupont moved to the province in 2006, he joined the Cyclones Road and Track Club and found a deep passion for the sport of wheelchair athletics. After a bronze medal in the 2011 world championships, he is pushing for the gold.

Keira Frie: Setting golden sights on four wheelchair athletic events, Frie is over the moon about competing in London. After breaking her back in

2004, Frie found her competitive side on the Cyclones training track.

Bob Hudson: As an entrepreneur, an outdoor hobbyist, and with daily three-hour training, this archer doesn't understand lazy. Hudson trains at the Spirited Arrows shooting club in Spiritwood.

Earle Connor: Connor may not have been born in Saskatchewan, but growing up in Rosthern definitely left an impression. Armed with determination the Paralympic sprinter aims to add a third gold medal to his collection.

QUEBEC'S BENOIT HUOT WON CANADA'S FIRST PARALYMPIC GOLD OF THE 2012 GAMES ON DAY 1. STORY, PAGE 16.

Follow Jane Caulfield on Twitter @janecaulfield



Blitz ahead

The RCMP will be hitting the highways this long weekend in an effort to curb accidents and raise awareness

Turning point for Riders?

The beleaguered team is hoping Sunday's Labour Day Classic will mark the end of a five-game losing streak

Labour Day

Metro will not be publishing on Monday. Look for us again on Tuesday

Pique their taste buds with pelau

This one-pot chicken-and-rice dish will transport you and your guests to Trinidad



CO-OP

MOVING AHEAD BY GIVING BACK

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SHERWOOD CO-OP



Insp. Andy Landers, officer in charge of traffic services, talks to the media about the rise in fatal highway accidents in Saskatchewan. CARRIE-MAY SIGGINS/METRO

Highway carnage spurs enforcement blitz

Labour Day weekend. Number of highway fatalities 'unprecedented', officer says

CARRIE-MAY SIGGINS
carriemay.siggins@metronews.ca

The number of people who have died on provincial highways is up 38 per cent from this time last year.

Saskatchewan's highways have claimed 120 people so far this year, 30 of them in

Drive safely

The RCMP will be hitting the highways this weekend.

- On Labour Day, police will be boosting their presence to try and curb the number of highway deaths and raise public awareness.
- "Anybody that's thinking of taking a chance on the roadway this weekend,

there's going to be all of our people, as well as all of the detachment personnel, out there," RCMP Insp. Andy Landers said.

- Landers said police will focus on "the busiest highways, the 16, the 1, 11. If motorists are committing offences, they should fully expect to be stopped."

August alone.

The RCMP says most of the deadly accidents were pre-

ventable. Recurring themes in the majority of the incidents has been alcohol over-con-

sumption, driver inattention, speed and failure to use seat belts.

"In the nearly three years that I have led the F division RCMP traffic program, these numbers are unprecedented," RCMP Insp. Andy Landers said.

"What is even more alarming is that in almost every case, the incident was a product of poor choices by one or more of the drivers involved."

The issue of highway safety has come to the fore in recent weeks. On Aug. 24, a pregnant 18-year-old highway worker was struck and killed in a construction zone near Midale.

Raime Myers. Man gets seven years for infant's death

A Regina man will spend seven years in federal prison for smothering his fiancée's 18-month-old son.

Jason Will was sentenced on Thursday by Court of Queen's Bench judge Dennis Ball.

Ball said both the fact that Will was Raime Myers' guardian and that he hadn't shown remorse were aggravating factors in his sentencing decision. "By assuming the role of his parent, you placed yourself in a position of trust and authority in relation to him. You abused that trust and authority," Ball said.

Will was convicted of manslaughter in August for the July 2009 death of Raime Myers, who also had multiple bruises on his body and suffered a brain injury caused by oxygen deprivation.

Betty Sproule, Raime's great grandmother, said the three-year gap between her great grandson's death and the killer's conviction was a tough one.

"It was difficult but now that the trial is behind us there is no doubt," Sproule said she thought the seven-year sentence was "fair."

"The best moment was seeing him being led away in handcuffs," she said.

Will's family said they would be filing an appeal.

"Their lives have been affected as well," Sproule said. "They can do what they have to find peace."

ROB BROWN/METRO



Betty Sproule at the sentencing for Jason Will on Thursday.

ROB BROWN/METRO

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Artist's work uses unconventional light and materials to create colour

Magnetic Fields. Marie Lannoo combines art and science for exhibit at the Art Gallery of Regina, until Oct. 6



CARRIE-MAY SIGGINS
carriemay.siggins@metronews.ca

Artist Marie Lannoo's newest exhibit, *Magnetic Fields*, on now at the Art Gallery of Regina, is a space where art and science meet.

The exhibit is made up of Plexiglas sheets curved into waves and mounted onto the walls, covered in a prismatic foil.

Lannoo, a Saskatoon resident and one of the most well regarded abstract artists in Canada, had discovered the materials accidentally in a sign shop. The sales clerk had handed her the sheet of the plastic-like material from the top dusty shelf.

"It's just a very mundane material if you saw it in the raw," says Lannoo. "And at certain angles all it looks like is see-through plastic."

But, in the shop, as she bent the material, "suddenly the walls were full of colour," says Lannoo.

She loved the effect, but had no idea how it happened. So she called in the experts.

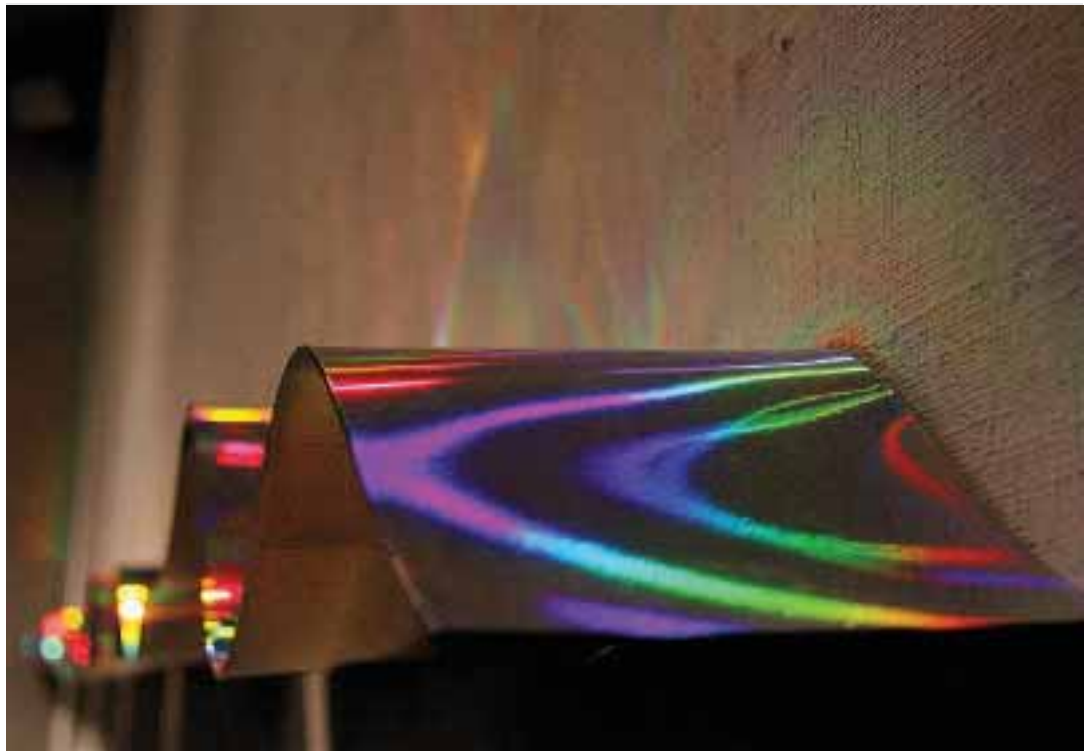
"I visited the Canadian Light Source in Saskatoon," says Lannoo, referring to the national research facility where synchrotrons, sources of light that scientists can use to gather information about the structural and chemical properties of materials, are studied.

"I didn't want to take a physics class," Lannoo explains, "so I contacted the centre. I went with my materials and asked them to explain to me how this stuff worked."

How it works is a complicated process of diffraction gratings and logarithmic spirals. But the exhibit, says Lannoo, is also about colour for colour's sake.

"I have a particular interest in colour in my work. What this exhibition does is it creates (colour) without using any of the conventional materials of a painter."

The exhibit is on until Oct. 6.



Marie Lannoo's exhibit, *Magnetic Fields*, explores the use of light and unconventional materials in the creation of colour. It's on at the Art Gallery of Regina until Oct. 6. JAE C. HONG/THE ASSOCIATED PRESS

Obama has failed on his promises, Romney says



Republican presidential nominee Mitt Romney, right, and Republican vice-presidential nominee Rep. Paul Ryan laugh with their campaign staff as they gather for a group picture at the Republican National Convention in Tampa, Fla., on Thursday. JAE C. HONG/THE ASSOCIATED PRESS

Republican presidential candidate Mitt Romney, in the most critical speech in his campaign for the White House, sought to persuade a television audience of millions that he, not Barack Obama, was the best hope to lift the struggling U.S. economy and "restore the promise of America."

Romney's speech accepting his party's nomination was the climax of the three-day Republican National Convention and a milestone in his long, often-rocky quest for the presidency.

He claimed the honour he was denied when John McCain won the nomination four years ago. This year, he had to fend off a series of Republican

challengers, questions about his shifting positions and mutterings about his Mormon religion.

The ultimate prize, the White House, will be determined in a November vote. Polls show Romney and Obama in a dead heat with the economy the biggest issue in the campaign. The United States is struggling with 8.3 per cent unemployment and the slowest economic recovery in decades.

In Thursday's speech, Romney noted the excitement Obama's candidacy generated four years ago, but how he hasn't delivered on his promise of "hope and change."

"You know there's some-

thing wrong with the kind of job he's done as president when the best feeling you had was the day you voted for him," he said in the speech.

Romney said Obama's promises "gave way to disappointment and division."

The speech is seen as a national introduction of sorts for the 65-year-old Romney — an oddity considering his years in the public eye.

THE ASSOCIATED PRESS

More online

For Mitt Romney's speech, visit metronews.ca



Image

The campaign hopes the speech and the convention in general will change perceptions of Romney.

- Speakers have portrayed the candidate as a man of family and faith, savvy and successful in business, saviour of the 2002 Winter Olympics, yet careful with spending.

- A portion of the convention stage was rebuilt overnight so he would appear surrounded by delegates.

Pussy Riot

Killer demands band's freedom

The bodies of an elderly woman and her daughter were found in Russia beneath a scrawled message demanding freedom for the jailed members of the Pussy Riot band, officials said Thursday.

While a Russian investigator cautioned that the

killer was possibly trying to mislead police by drawing attention to the punk provocateurs, the alleged link between a killer and anti-Putin protesters was immediately seized upon by Russian media and pro-Kremlin publicists. Three members of the band were sentenced this month to two years in prison for a February performance in Moscow's main cathedral.

THE ASSOCIATED PRESS



The scene of the stabbing in the central Russian city of Kazan on Thursday. THE ASSOCIATED PRESS

U.S. election

Court rejects Texas voter law

A U.S. court on Thursday rejected a Texas law that would require voters to present photo IDs to election officials before being allowed to vote in November's election in a unanimous ruling.

THE ASSOCIATED PRESS

South Africa

Miners charged with slayings

About 270 miners were charged Thursday with the murders of 34 striking colleagues who were shot by South African police officers, authorities said, a development that could further infuriate South Africans.

THE ASSOCIATED PRESS

Guilty plea

U.S. guard tried to sell secret info

A former security guard at the construction site of a new U.S. consulate compound in Guangzhou, China pleaded guilty Thursday to trying to sell secret information about China's Ministry of State Security.

THE ASSOCIATED PRESS

'Whore' tweet by Toronto mayor's niece draws outrage

Sex assaults. Comment made after police warning about attacks

The niece of Toronto's mayor apologized Thursday for suggesting women can avoid sexual assault by not dressing "like a whore" after the comment brought a public backlash.

Krista Ford, the niece of Mayor Rob Ford and the daughter of Coun. Doug Ford, expressed her regret on Twitter, where she originally made the controversial declaration.

"I didn't mean to cause such an alarm and I apologize if I did. I just want women to be safe," she wrote on the social media site.

Ford, who was captain of Toronto's short-lived lingerie football team, had earlier advised women to "Stay alert, walk tall, carry mace, take self-defence classes & don't dress like a whore."

Her message followed a police warning about recent sexual assaults in the city's west end and sparked online outrage before it was yanked from her Twitter account.

Among her critics was a woman who identified herself as a victim in one of the six sexual assaults that prompted the police alert.

"For the record, I was sexually assaulted while wearing a knee-length polka-dot dress," the woman wrote in an open letter posted on Facebook.

Some questioned the sincerity of Ford's apology, while others defended her against critics who took issue with her own attire.

"If your argument against Krista Ford's comments about sexual assault are based on the way she dresses, you're doing it wrong," one tweet read.

Ford's polarizing tweet came more than a year after a Toronto police officer made similar recommendations while speaking to university students about campus safety.

The officer was criticized for his advice that women should avoid dressing "like sluts" to reduce the risk of assault, and later apologized.

His comment became the catalyst for SlutWalk, a series of marches to protest the suggestion that victims are to blame.

THE CANADIAN PRESS/680NEWS



Krista Ford, daughter of Toronto Coun. Doug Ford and niece of Toronto Mayor Rob Ford, is seen trying out for the Toronto Triumph, a team in the Lingerie Football League in April 2011. TORSTAR NEWS SERVICE

Open letter to Krista Ford. Assault victim responds

Dear a lot of people, but specifically Ms. Krista Ford,

In advance I'd like to say I am sorry. This is not the ideal situation to first acquaint oneself with someone and I am mortified. Sorry! However, under the circumstance, I feel like you owe me a moment of your time, even though we've never meet.

The circumstance being you called me a whore.

I should clarify: I'm one of the victims of the recent string of sexual assaults in the Annex. 'Sup? It's nice to make your acquaintance.

So, you've called me a whore. Here we are. This is awkward now, isn't it? You're probably wondering if I'm going to challenge you on having been a member of Lingerie League. I'm not, because I'd never slut-shame another woman. I believe you have a right to your body and regardless of how you do or don't dress it I believe you have a right to respect and personal security. I guess that's the key difference in our thinking. You could wear a T-shirt that says "I'm literally asking for it" and I'd still advocate for your security.

That's what I'm asking for this brief moment of your day,

Quoted

"You're probably wondering if I'm going to challenge you on having been a member of Lingerie League. I'm not, because I'd never slut-shame another woman."

Alice Moran, in an open letter on Facebook

for your edification. You're a woman and you should know that your body is yours and yours alone. No matter how you dress it, you have a right — an actual Charter of Rights and Freedom right — to not be sexually assaulted. You are entitled to life, liberty and the security of person. Welcome to Canada — you live here! If you weren't aware of your Charter rights, other Canadian things you may have missed out on are double-doubles, good maple syrup, and Beachcombers, so check that shit out.

For the record, I was sexually assaulted while wearing a knee-length polka-dot dress. The last time I wore that dress, it was to Easter dinner at my Gran's, where I'm fairly certain I could make little to no money whoring.

With due respect / sorry, Alice Moran [FACEBOOK.COM](#)

Dismemberment

Suspect in gory Philly cold case fighting extradition

The lawyer for a suspect arrested in Toronto in a 14-year-old homicide in the U.S. said he would be "aggressively fighting" his client's extradition.

Kai-Guo Huang, 35, appeared at a hearing on Thursday and was remanded in custody until his next appearance Oct. 9.

He was arrested Aug. 10 after he was identified as a suspect in a cold case in Philadelphia.

Huang faces charges of murder, conspiracy, possession of an instrument of crimes and abuse of a corpse, stemming from the 1998 murder and dismemberment of a male victim named Hoi Yang.

THE CANADIAN PRESS

War resister living in T.O. Faces deportation to U.S.

Canada Border Services Agency has ruled that an American soldier who has been living in Toronto because she didn't want to serve in Iraq must return to the U.S.

The War Resisters Support Campaign says the agency has told Kimberly Rivera she must leave Canada by Sept. 20.

Michelle Robidoux, a spokeswoman for the War Resisters Support Campaign, says border services notified Rivera of the decision on Thursday.

Robidoux says that means the agency does not believe Rivera's claims that she will face harsh penalties if she is deported to the U.S.

However, there is still no decision on Rivera's humanitarian compassionate

grounds claim.

Rivera, the first female U.S. war resister, fled to Canada in 2007 to avoid further military service.

She had initially arrived while on leave but then applied for refugee status.

The War Resisters Support Campaign says two other Iraq war resisters who were deported, Robin Long and Clifford Cornell, faced year-long jail sentences upon their return.

Rivera lives in Toronto with her husband and four children.

Robidoux says Rivera is meeting with her lawyer today to discuss her options.

Rivera did not comment on the ruling but is to hold a news conference Friday morning.

THE CANADIAN PRESS

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Isaac moves on, but thousands left stranded

Rising floodwaters.

U.S. President Barack Obama declared a federal emergency in two states, freeing up aid for affected areas

Isaac dumped unrelenting rain and flooded areas around New Orleans on Thursday as people who thought they could ride out a lowest-category hurricane faced quickly rising waters.

Hundreds of homes were swamped, about 500 people had to be rescued and half of Louisiana was without power. At least two people were killed.

New Orleans itself was protected by newly fortified flood defences put in place after the devastating Hurricane Katrina seven years ago.

"Hopefully, as far as the



Isaac Fields, left, and Victor Jones use street signs to paddle a boat, Thursday, in LaPlace, La.
ERIC GAV/THE ASSOCIATED PRESS

city of New Orleans is concerned, the worst is behind us," New Orleans Mayor Mitch Landrieu said.

But residents outside the city were scrambling as the slow-moving Isaac, now a tropical depression, kept dumping rain. Along the shores of Lake

Ponchartrain just north of New Orleans, officials sent scores of vehicles to help evacuate about 3,000 people.

Louisiana officials ordered evacuations downstream along the sparsely populated Tangipahoa River as a dam threatened to fail and send water to neighbouring Mississippi, which had its own flooding. Louisiana Gov. Bobby Jindal said officials would release water at the dam.

The floodwaters "were shockingly fast-rising, from what I understand from talking to people," Lt. Gov. Jay Dardenne said. "It caught everybody by surprise."

A man was killed Thursday morning when a tree fell on his truck in Mississippi. In Louisiana, a man died after falling from a tree while helping friends move a vehicle ahead of the storm.

THE ASSOCIATED PRESS



Floodwaters from Hurricane Katrina pour through a levee along Inner Harbor Navigational Canal near downtown New Orleans. A disaster of this magnitude was feared when Isaac made its landfall, but this time the levees held. THE ASSOCIATED PRESS FILE

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Keilani Brown, who is eight months pregnant, is rescued from her home in the Cambridge Neighborhood on Thursday in LaPlace, La. ARTHUR LAUCK/THE ASSOCIATED PRESS



Cows are stranded in floodwater on Thursday in Plaquemines Parish, La. GERALD HERBERT/THE ASSOCIATED PRESS



Buster stands behind sand bags on Thursday in LaPlace, La. ERIC GAY/THE ASSOCIATED PRESS

Storm. Weakening Isaac hovers over Louisiana, forcing more evacuations

By early Thursday, Isaac's maximum sustained winds had decreased to 72 km/h and the U.S. National Hurricane Center said it was expected to become a tropical depression by Thursday night, meaning its top sustained winds would drop below 63 km/h.

Forecasters expected Isaac to move farther inland over the next several days, dumping rain on drought-stricken states across the nation's mid-section before finally breaking up over the weekend.

Because Isaac's coiled bands of rain and wind were moving at only 8 km/h — about the pace of a brisk walk — the threat of storm surges and floodings were expected to linger Thursday.

The storm knocked out power to 901,000 homes in Louisiana and more than 150,000 customers in neighbouring Mississippi, stripped branches off trees and flattened fields of sugar cane so completely that they looked as if a tank had driven over them.

In coastal Mississippi, officials used small motorboats Wednesday to rescue at least

Caught off guard

- Isaac hovered over Louisiana for a third day Thursday, shedding more than a foot of additional rain that forced authorities to evacuate areas ahead of the storm and rescue hundreds of people.
- The huge weather system weakened to a tropical depression as it crawled inland, but it caught many places off guard by following a meandering, unpredictable path.
- The storm's excruciatingly slow movement meant that Isaac practically parked over low-lying towns and threw off great sheets of water for hours.

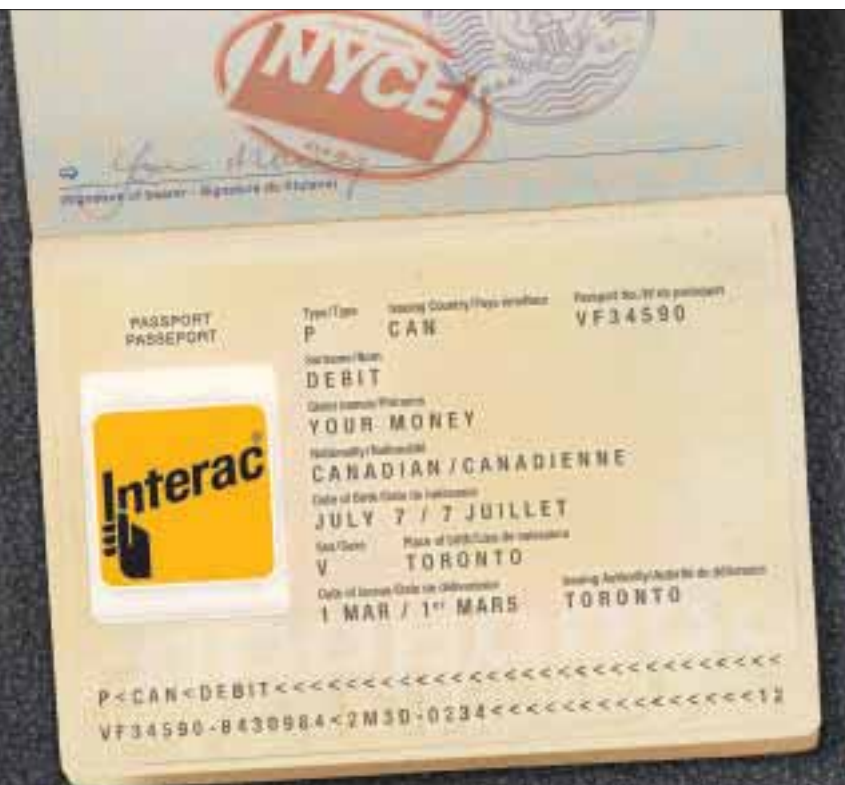
two dozen people from a neighbourhood flooded in Pearlington.

Back in New Orleans, the storm cancelled remembrance ceremonies for those killed by Katrina.

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Pussy Riot

Band won't harm
Russia-Canada
trade: Official

A Russian official says he is not concerned the jailing of punk band Pussy Riot will discourage Canadian businesses from pursuing opportunities in his country.

"As far as trade is concerned, Canadian businessmen don't know who Pussy Riot are," says Konstantin Trofimov, Russia's trade com-

missioner to Canada, ahead of the next week's Asia-Pacific Economic Co-operation summit in Vladivostok.

Russia has just gained membership in the World Trade Organization and is eager to deepen economic ties, including those with Canada.

President Vladimir Putin is expected to have a number of bilateral meetings on the margin of the summit next week. Whether Prime Minister Stephen Harper gets face time remains to be seen.

THE CANADIAN PRESS

Safety risk

Mr. Coffee
brewers recalled

More than 600,000 Mr. Coffee single cup brewers — including some 80,000 in Canada — are being recalled because of a potential burn hazard.

A build-up of steam in the water reservoir can force the brewing chamber open and expel hot coffee grounds and water.

THE ASSOCIATED PRESS



Cut and run from Facebook

Facebook co-founder Dustin Moskovitz, pictured, has been selling 150,000 shares of Facebook stock a day out of the hundreds of millions that he owns. So far, he has shed 1.35 million shares for proceeds of \$26.2 million, at prices ranging from \$18.79 to \$20.08. He still holds more than 130 million shares. Moskovitz, 28, was Mark Zuckerberg's Harvard roommate when they founded Facebook in 2004. He left in 2008 and started the software company Asana. ERIC RISBERG/THE ASSOCIATED PRESS

GIANT STUDENT APPEAL

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Big 5 bank
big bucks in
third quarter

High five for banks.
Shareholders receive significant dividends from record-high earnings despite conservative estimates

Canada's biggest banks posted a stunning \$7.8 billion of cumulative profit in the third quarter, as consumers maintained their borrowing habits and domestic banking results propped up weakness in other divisions. The performance left analysts' restrained predictions in the dust, marking an increase of 45 per cent from net income of \$5.38 billion a year ago.

All five banks delivered a surprise boost to their dividends paid to shareholders. Royal Bank also boasted that its profits rose 73 per cent to a new record high.

It was quite a contrast from concerns that lending would subside during the period, while banks looked for ways to cut their costs. But several analysts say they're not convinced these bombastic results are sustainable into next year.

Royal Bank's record profits amounted to \$2.24 billion, or \$1.47 per share. That compared with earnings of \$1.29 billion or 83 cents per share in the year-earlier period.

TD reported profits of \$1.7

billion, or \$1.78 per share, from \$1.49 billion or \$1.58 a share a year ago.

Its domestic personal and commercial banking posted a record quarter, with reported net income of \$864 million.

Canadian Imperial Bank of Commerce profit rose by 42 per cent in the quarter to \$841 million, or \$2 per share, compared with \$591 million, or \$1.33 a share, for the same period last year.

Earlier this week, Bank of Montreal raised its dividend for the first time since 2007, boosting it 2.8 per cent to 72 cents a share, on profits of \$970 million.

Scotiabank increased its quarterly dividend 3.6 per cent to 57 cents per share on \$2.05 billion of profit. Several divisions improved performance and the bank also benefited from an after-tax gain of \$614 million from the sale of its Bay Street headquarters, Scotia Plaza.

Scotiabank announced Wednesday that it is buying ING Bank of Canada in a \$3.13-billion deal.

THE CANADIAN PRESS

Breaking records

\$2.24B

Royal Bank's record profits amounted to \$2.24 billion, or \$1.47 per share.



A blue rotary telephone is positioned on top of a stack of four books. The books have orange, green, blue, and red covers, respectively, from top to bottom. The entire stack is set against a plain white background.

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ON THIS HARVEST MOON



THE LIST
Neil Morton
Metro

1 Snooki has a baby. The Jersey Shore reality star delivered a baby boy Sunday. Snooki's rep confirmed the good news, "The world just got another Guido!!! Lorenzo

Dominic LaValle has entered the world weighing 6 lb., 5 oz. Nicole, Jionni & Enzo are doing great!" If you were disheartened by the news that MTV is cancelling the show after this season, remember you can still watch humanity regress in the spinoff series Snooki & JWoww.

2 NBC's gaffe. If it wasn't bad enough that many on Twitter were asking who Neil Armstrong was after he passed away, NBC topped it big time: They made this huge headline mistake on their website announcing the astronaut's death: "Astronaut Neil Young, first man to walk on moon, dies at age 82." Here's hoping the person's boss who wrote that display copy has a Heart of Gold.

3 Superman and Wonder Woman. DC Comics has revealed a new romantic storyline, as Superman is now hooking up with Wonder Woman! Yes, it's been revealed that a Justice League comic will feature a romance between the two comic book icons after a passionate embrace in Justice League Issue #12. Forget Brangelina, this is the new power couple.

4 Fake Lady Gaga followers! A study by social media company Status People reveals that up to 71 per cent of Lady Gaga's nearly 29 million Twitter followers are either inactive or have been created by spamming computers known as "bots." While these fakes don't impact her status as an international pop sensation, it does mean that I have a chance to catch her now. @neilmorton versus @ladygaga, this is back on!

5 Will.i.am on Mars. Holy intergalactic! The Black Eyed Peas star partnered with NASA to play his new song, Reach for the Stars, through the speakers of the Curiosity rover live from Mars. That's about a 530-million-kilometre round trip for the music, which was beamed back to the Jet Propulsion Laboratory in California. One day a rover will hit Jupiter and beam Train's Drops of Jupiter to my house.

6 Newfoundland sinking? Memorial University geography professor Norm Catto, an expert in coastline erosion, says the island of Newfoundland is sinking by a rate of about 3.5 millimetres a year. But relax, that only equates to about 30 centimetres in 100 years. If I live for 100 years, I figure that's about how much I will sink as well. But hey, we'll both still be around.

7 The Boss. Ten-year-old Halle Tator from Thornhill, Ont., had the thrill of a lifetime when Bruce Springsteen had her up on stage during his Toronto concert at Rogers Centre and let her sing Waitin' on a Sunny Day. The Boss spotted young Halle holding a sign that read: "It's my first show. I'm waiting on a sunny day." A real life Courteney Cox-esque Dancing in the Dark moment!

8 Photobombed! A new book, Photobombed! Making Bad Pictures Great and Good Pictures Awesomely Bad, presents the first collection of one of the top humour memes on the web: the photobomb! So if you spot some dude making funny faces in a nice picture you took, you can now take solace by getting this picture book. And get your own ideas for the art of a great revenge photobomb.

9 The naked truth. People are showing support for Harry's naked display in Vegas by posting their naked pictures to a Facebook group called Support Prince Harry with a Naked Salute (#salute4harry). The guidelines: "Please cover your crown jewels, tag yourself in your photo as proof of your support to the nations favourite Royal!" Greatest Harry naked support group ever! With a source coming forward saying the photo is just the tip of the iceberg, I wonder if support for Harry's debauchery will ... shrink.

10 DJ Cruise. Seems Tom Cruise's 17-year-old son Connor Cruise (he was adopted by Tom and Nicole Kidman) is becoming a serious DJ after touring hot spots throughout Europe. Connor, a.k.a. DJ Ranger Rick, has made a name for himself in the U.S. but this was his first trip across the pond. DJ Paris Hilton, watch out.

11 Reality stars hit Edmonton. Officials with Travel Alberta say the \$20,000 spent on bringing former Bachelorette stars Ashley and J.P. to Edmonton is worth the cost. The couple went to the Edmonton Fringe Festival, visited the Art Gallery of Alberta and chowed down at local eateries. Now Edmonton sounds like a rosy place, but a reality show couple visiting there doesn't give me incentive to visit.

Artwork gets a leg up



MARTINE COTTON PHOTOGRAPHY

Best foot forward

Exhibition of prosthetics

With the Paralympics starting, a group of artists have given disability another showcase. Spare Parts is a London exhibition of "pre-loved" limbs curated by amputee artist Priscilla Sutton.

"It was crazy to keep hoarding my legs," she said.

Creative contributions arrived from all over the world, including a box of arms from hospitals.

METRO

Star amputees

- **Rick Allen.** The drummer from British rock band Def Leppard kept playing after losing his arm in a car accident.
- **Robert David Hall.** The U.S. actor lost both legs but won widespread acclaim for roles in hit shows such as CSI and The West Wing.
- **Frida Kahlo.** Legendary Mexican painter lost a leg to gangrene.

Mummy knows best

3,000

The age in years of the first known prosthetic — a wooden toe that was discovered on an ancient Egyptian mummy. The prosthetic was designed to bend in the same places as a regular toe.



Register at metropolitanpanel.ca and take the quick poll

Which health-food trend would you consider taking up?

50% JUICE
EVERYTHING
THAT CAN
FIT IN MY
JUICER

17% COCONUT
WATER

0% MACROBIOTIC

33% GLUTEN FREE



Twitter

@KarlitaMae:

Oh citizens of #YQR, you never fail to disappoint me. Guy in wheelchair holding bag o booze, friend pushing him DOWN MIDDLE OF RING ROAD

@kenzie_kulscar:

Just saw a bare-footed girl walk down Scarth Street! #ewwww-
www #yqr

@sallyjaybee:

Why all the sirens? What's going

on #yqr?

@theriderhood:

Hey #labourday long #weekend, what should I do to bring joy to ppl everywhere while having #fun myself? LW: One word...#Speedo! #yqr #sask

@xxomandaooxx:

Ugh. Do I dare go to north wall mart or just suck it up and go to the south one. #yqr #construction



David Cronenberg's *Cosmopolis* is not to be missed. It may have expanded the movie minds of some diehard *Twilight* fans. HANDOUT

Reel Guys

RICHARD
CROUSE AND
MARK BRESLIN



Look what you missed while at the cottage ...

Summer roundup. Crouse and Breslin reflect on the best and worst films of sunshine season

Richard: Mark, I bet Taylor Kitsch started the year thinking he'd be a Brad-Pitt-sized star by Christmas. He had three big-budget movies coming out, two in the high real estate summer season alone. Too bad those movies were John Carter, Battleship and Savages, two of which are considered emblematic of everything that's wrong with Hollywood blockbusters. His failure to launch this summer is one of those career misfires that can be hard to come back from, but he's talented (and Canadian) so I hope he gets another chance.

What caught your eye this summer?

MB: Speaking of hunks, if anyone told me Robert Pattinson would star in one of my favourite movies of the summer, I would have thought they were crazy. But I thought David Cronenberg's *Cosmopolis* was a masterpiece — a frigid, talky flick that plays like a grad thesis, but a masterpiece nevertheless. What's your take on it, Richard?

RC: I really liked *Cosmopolis* but the thing that really tickled me was the idea of tween *Twilight* fans sneaking in and having their minds blown. Pattinson's prostate exam was probably the stuff of a few fan's nightmares... or dreams. More accessible was *Lola Versus* with Greta Gerwig. Natural and funny, for me this was the summer's little movie that could.

MB: Loved *Lola Versus*! It's the movie Woody Allen might have made if he were 30 today. I was never a Greta Gerwig fan until this movie but it felt like it was written just for her. Now, how about *People Like Us*? A rare movie about brother/sisterly love. I cried at the last scene and could not leave the theatre.

RC: Ha! I hope you didn't get any of those tears on your dress. I'm kidding. It is a touching movie, and one that not enough people saw. I'll close out my look back at the unsung heroes of the summer with *Killer Joe*. If there ever was a definition of a movie that was not for everyone, this is it, but for lovers of dark — and I mean darker than a moonless night — thrillers, this is tops. Have you seen it?

MB: Yes, it's excellent, especially Matthew McCaughney's

Synopsis

Technically summer ends on September 21, but for the Reel Guys the silly season is over the day the Toronto Film Festival guidebook comes out. From that point on they pack away memories of air conditioning movies and begin prep for Oscar season. This week Richard and Mark wistfully look back at the season that gave us 94 days of popcorn and fun flicks.

performance. I don't think I'll ever eat another piece of fried chicken, though. Another movie I loved this summer was *The Intouchables*, a French entry about the improbable friendship between a rich quadriplegic and his thuggish caregiver. The least likely comedy ever, but it works.

On the web



Heirs of Godfather author fight with Paramount over rights to sequels, books.

Read metro^{work} every Monday and Wednesday for tips and trends in education and employment.

Only in Metro. News worth sharing.

2 SCENE

Canadian FX legend gets evil all over again

Resident Evil. Special effects makeup craftsman Paul Jones talks about creating Nazi zombie bikers

CHRIS
ALEXANDER
scene@metronews.ca

Director Paul Anderson's Resident Evil films, based on the juggernaut same-named Capcom videogames, have long traded in the macabre, filled as they are with hordes of flesh eating zombies, undead Dobermans and hulking monsters of every perverse persuasion.

And even though the series' central force, actress Milla Jovovich (also writer/director Anderson's wife), is perhaps their greatest special effect, the man assigned the task of designing the mind bending horrors her high-kicking heroine Alice

must battle is Canadian special effects makeup craftsman, Paul Jones.

The English-born Jones has been in the business for almost 25 years, getting his start with FX legend Bob Keen on pictures like like The Unholy, Hellraiser II and Nightbreed but has since become something of an icon in his own right with his work on Bride of Chucky, Silent Hill and now, the fifth in the Evil franchise, Resident Evil: Retribution 3D.

"You look at Paul Anderson's resume, and it's like, every fun movie ever made, he's done," says Jones from his east end Toronto studio.

"He cares more about make-up than any other director I've ever worked with. Retribution is my third time working with Paul and there's a shorthand there now."

Jones designed the monsters and makeup for the second, non-Anderson directed film Apocalypse and the fourth

Quoted

"The only thing that would stop the series, well, is Milla, really."

Special effects makeup artist Paul Jones on the creative possibilities of the Resident Evil franchise

picture, Afterlife as well, but the more abstract Retribution proved to be an even more imaginative and challenging experience.

In it, Alice finds herself deep in the bowels of the evil Umbrella Corporation, trying to escape a series of harrowing simulated universes ripe with giant eyeless monsters, hammer swinging executions, Japanese zombies and most eerily, an army of motorcycle riding Nazi zombie bikers.

"That's the thing people forget, they think zombie they think risen from grave and in Resident Evil that's not necessarily true," says Jones.

"You get infected, you get mutated which as an effects artist, gives you options. That's why I'm not daunted when I get a Resident Evil script because you know you're not going to have to beat The Walking Dead, which you couldn't anyway because they're the best zombie makeups ever done. Resident Evil has its own beat."

Jones' 3D tweaked handiwork can also be seen this season in the upcoming Silent Hill: Revelations, also produced by the Resident Evil team of Samuel Hadida and Don Carmody. But in the meantime, Anderson's hugely popular films are not set to stop with this fifth entry and why would they? They're incredibly popular and as Jones' concurs, there's still so many places to take them creatively.

"There's no stopping the series," he says. "The possibilities of what we can do are limitless. The only thing that would stop the series, well, is Milla, really."



Resident Evil star Milla Jovovich doing what she does best, killing zombies. HANDOUT

THESE PAGES COVER MOVIE START TIMES FROM FRI., AUG. 31 TO THURS., SEPT. 6. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

Southland Mall 3025 Gordon Rd., 306-585-7442

The Apparition (14A) Fri 4:55-7:30-9:50
Sat-Mon 2:20-4:55-7:30-9:50 Tue-Thu 6-8:40
The Bourne Legacy (PG) Fri 4:05-7:05-10:05 Sat-Mon 1:10-4:05-7:05-10:05 Tue-Thu 5:10-8:20
Brave (G) Sat-Mon 1:20
The Campaign (14A) Fri 4:35-6:45-9:25 Sat-Mon 2:05-4:35-6:45-9:25 Tue-Thu 5:40-7:55 Star & Strollers Screening Wed 12:50
The Dark Knight Rises (PG) Fri-Mon 8:50 Tue-Thu 7:35
Diary of a Wimpy Kid: Dog Days (G) Fri 4:30-6:55 Sat-Mon 2:10-4:30-6:55 Tue-Thu 5:35 Star & Strollers Screening Wed 12:50
The Expendables 2 (14A) Fri 4:50-7:20-9:55 Sat-Mon 1:50-4:50-7:20-9:55 Tue-Thu 5:55-8:35
Ice Age: Continental Drift (G) Fri 4:10-6:25 Sat-Mon 1:30-4:10-6:25 Tue-Thu 5:15
Magic Mike (14A) Fri-Mon 9:10 Tue-Thu 8:10
The Odd Life of Timothy Green (G) Fri-Mon 4:25-7-9:30 Tue-Thu 5:30-8:05
The Oogieloves in the Big Balloon Adventure (G) Fri 4:10-6:20 Sat-Mon 1:45-4:10-6:20 Tue-Thu 5:15
ParaNorman (PG) Fri 4:20-6:40-9:05 Sat-Mon 2-4:20-6:40-9:05 Tue-Thu 5:25-7:50
The Possession (14A) Fri 4:40-7:15-9:40 Sat-Mon 1:40-4:40-7:15-9:40 Tue-Thu 5:45-8:25
Total Recall (PG) Fri-Mon 9 Tue-Thu 7:40

Galaxy Cinemas Normanview S.C. 420 McCarthy Blvd. N. Unit 26, 306-522-9098

The Ant Bully (G) Sat 11
The Bourne Legacy (PG) Fri-Mon 1:05-4:05-7:05-10:15 Tue-Thu 7:10-10:10
The Campaign (14A) Fri 1:35-3:50-6:05-8:20-10:30 Sat 11:20-1:35-3:50-6:05-8:20-



Premium Rush. HANDOUT

10:30 Sun-Mon 1:35-3:50-6:05-8:20-10:30 Tue-Thu 8:05-10:15
Carmen in 3D Encore (STC) Sat 12:30
The Dark Knight Rises (PG) Fri 2:45-6:45-10:15 Sat 11:10-2:45-6:45-10:15 Sun-Mon 2:45-6:45-10:15 Tue-Thu 8:30
The Expendables 2 (14A) Fri 3-5:30-8:10-10:30 Sat 12:25-3-5:30-8:10-10:30 Sun-Mon 3-5:30-8:10-10:30 Tue 7:40-10:10 Wed 7:05-10:10 Thu 7:40-10:10
Hit & Run (14A) Fri 2:40-5:10-7:35-10 Sat 12:10-2:40-5:10-7:35-10 Sun-Mon 2:40-5:10-7:35-10 Tue-Wed 7:25-9:50 Thu 7:25-10
Hope Springs (PG) Fri 2:05-4:45-7:20-9:50 Sat 11:30-2:05-4:45-7:20-9:50 Sun-Mon 2:05-4:45-7:20-9:50 Tue 7:05-9:35 Wed 9:35 Thu 9:50
Lawless (14A) Fri 1:55-4:40-7:30-10:10 Sat 11:05-1:55-4:40-7:30-10:10 Sun-Mon 1:55-4:40-7:30-10:10 Tue-Thu 7:20-10 Madam Butterfly 3D - Royal Opera House (PG) Wed 7
National Theatre Live: The Curious Incident of the Dog in the Night-Time (STC) Thu 7
ParaNorman (PG) Fri 2:15 Sat 11:45-2:15 Sun-Mon 2:15
ParaNorman 3D (STC) Fri-Mon 4:35-7:10-9:35 Tue-Thu 7-9:30
Premium Rush (14A) Fri-Mon 1-3:15-5:35-7:50-10:05 Tue-Thu 7:50-10:05 Ted (14A) Fri 2:35-5:15-7:55-10:25 Sat 4:50-7:55-10:25 Sun-Mon 2:35-5:15-7:55-10:25 Tue 7:45-10:15 Wed 10:15 Thu

7:45-10:15

Kramer IMAX Theatre 2903 Powerhouse Dr., 306-522-4629

The Dark Knight Rises: The IMAX Experience (PG) Fri-Sat 1:15-7:15-10:15 Sun 1:15-7:15
To the Arctic 3D (G) Fri-Sun 5:30
Tornado Alley 3D (STC) Fri-Sun 4:15

Paradise Cinema 1011 N. Devonshire Dr., 306-522-7888

The Amazing Spider-Man (PG) Fri-Thu 6:45-9:25
Brave (G) Fri-Thu 1:30-3:50
Magic Mike (14A) Fri-Thu 1:10-4-6:50-9:30

Golden Mile 3806 Albert St., 306-359-5250

The Amazing Spider-Man (PG) Fri-Thu 1:15-3:45-6:35-9:25
The Best Exotic Marigold Hotel (G) Fri-Wed 1:20-3:45-6:40-9:30 Thu 1-3:45-6:40-9:30
Madagascar 3: Europe's Most Wanted (G) Fri-Thu 1:30-3:50-6:45-9:40
Men in Black 3 (PG) Fri-Thu 1:35-4-6:55-9:50
Prometheus (14A) Fri 1:25-3:55-9:35 Sat-Sun 9:35 Mon 1:25-3:55-9:35 Tue-Thu 1:25-3:55-6:50-9:35
Savages (18A) Fri-Thu 1:10-3:50-6:30-9:20
Step Up Revolution (PG) Fri-Thu 1:40-4:05-7:05-9:50
The Watch (18A) Fri-Thu 1:40-4-7-9:55

Regina Public Library Film Theatre 23 11 12th Ave., 306-777-6104

Beasts of the Southern Wild (PG) Thu 9
Cosmopolis (14A) Fri 7 Sat 9 Sun 7
Habemus Papam (G) Thu 7
Moonrise Kingdom (PG) Fri 9 Sat 7 Sun 9
No Films Showing Today (STC) Mon-Tue
Wednesday Plus (STC) Wed 7

Horror



The Possession

Director. Old Boredad

Stars. Natasha Calis, Jeffrey Dean Morgan, Kyra Sedgwick

Based on an allegedly true story about divorced parents (Jeffrey Dean Morgan and Kyra Sedgwick), their daughter (Natasha Calis) and the evil spirit that takes over her body after she buys a mysterious box at a yard sale, The Possession doesn't feel like a modern horror film. It's a throwback to a time when horror movies relied on creepy whispers and shadows rather than special effects for the scares. Mostly it works — there's good atmosphere and some tense moments — but gaping plot holes let a lot of the air out of the story.

RICHARD CROUSE

Quoted

"Before I really had a fully fleshed out conversation with [director John] Hillcoat, I think I was nervous about my skill set and where I'd be able to go. For me, Hillcoat was the most nurturing, empathetic, emotional, sensitive man I had ever met, at the helm, and he allowed me to open up 'cause I felt safe with him."

Shia LaBeouf on talking to Lawless director John Hillcoat about his role in the Prohibition-era film.
MWN



TV Pix

Reality TV and pregnant women — a sure-fire hit?

The new reality series I'm Having Their Baby follows pregnant women struggling with a big decision — keep their baby or give it up? — and couples hoping to adopt if the mother chooses not to keep the child. On Friday's show, Claudia is worried about her future after getting pregnant with a man who has six children with four women. (Slice)

A meat lover's paradise

Another new reality show, Meat Men, should be appetizing for carnivores. Pat LaFrieda, Jr., also known as the "Magician of Meat," is famous in New York culinary circles and he invites the cameras behind the scenes to talk steak and burgers on Friday. (Food Network)

Canadian-made Oscar winner on deck for Saturday

Quebec director Denys Arcand won an Oscar with Les Invasions Barbares, which won the best foreign language Academy Award in 2004 and airs Saturday. A terminally ill man faces his family and old friends — characters introduced in Arcand's previous film Le Déclin de l'empire américain — as he nears death. (Global)

A true simian story

Project Nim is a fascinating



Copper airs Sunday on Showcase. HANDOUT

documentary about a baby chimpanzee who was raised like a human child in New York in the 1970s. The film is directed by James Marsh, who also helmed the acclaimed documentary Man on Wire, and airs Saturday. (HBO Canada)

A double dose of Copper

If you missed the premiere of the new show Copper it's on again Sunday, along with a new episode. The crime show is set in 1860s-era New York and follows an Irish-immigrant cop working the tough Five Points neighbourhood. (Showcase)

THE CANADIAN PRESS

'It's going to come to a horrible end'

TV. Hit show's star Bryan Cranston speculates on how Breaking Bad will finish

NED EHRBAR

Metro World News in Hollywood

With the end of Breaking Bad drawing near — the final eight episodes of the critically acclaimed drama will air next year — speculation is running rampant about how the story will conclude.

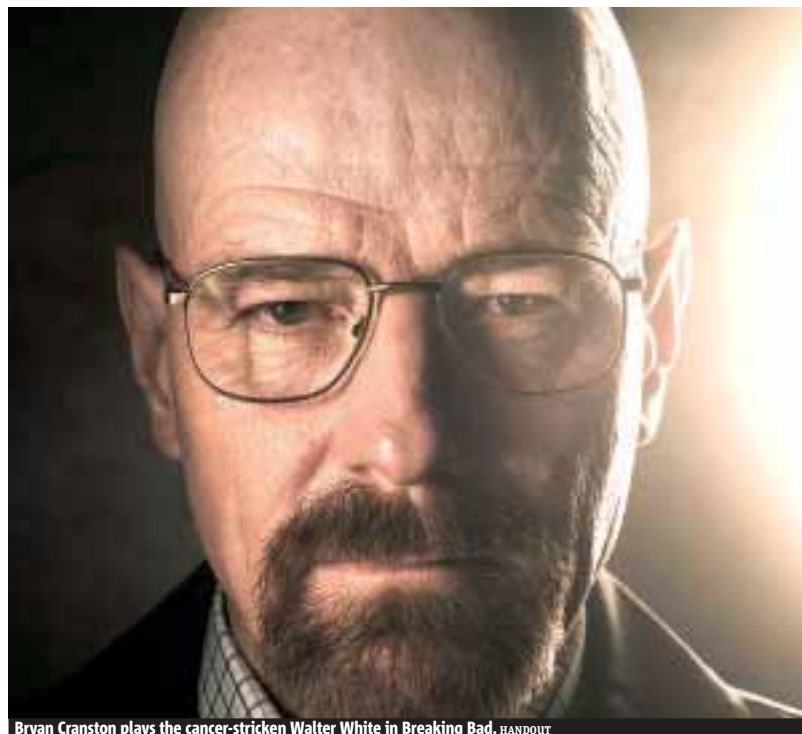
And star Bryan Cranston has some ideas about what will happen to Walter White, his cancer-suffering high school teacher turned meth-dealing crime lord — namely, he could very well kick the bucket.

"Maybe the guy who has created all this toxic waste around him, maybe that's the happy ending. Maybe that he needs to die to make it happy," Cranston says.

Cranston is quick to point out, though, that this is all speculation on his part, since the final episodes haven't been shot and creator Vince Gilligan is keeping him in the dark — probably because of interviews like this one.

"I don't know, I honestly don't know how it's going to end," Cranston admits. "I don't ask, (Gilligan) doesn't tell me."

Whatever becomes of Walter White, Cranston is at peace



Bryan Cranston plays the cancer-stricken Walter White in Breaking Bad. HANDOUT

with the show drawing to a close.

"I feel good, yes. We will have amassed 62 episodes and I think that's right," he says. "I would always rather end something I'm very proud of a year or two early rather than a year too late. You don't want audiences going, 'Break-

ing Bad — is that still on the air?' You don't want to hear that. You want to hear, 'Breaking Bad, ah, man, I miss that show.'"

Still, Cranston says viewers should be prepared for a pretty grisly finale — and diehard fans of the show are ready for that.

"It's going to come to a horrible end and they know it," he says. "The people who are really into the show don't care, they've got to go. That's brilliant structure to be able to do that, because you have new people who are following me and I'm doing all these despicable things."

Has reality TV gone too far this time?

Young love. Parents, producers buzzing about new reality show on teen weddings

After allowing viewers to gape at the excesses of the rich bride, support the frugality of the poor bride, and cheer the weight loss of the bulging bride, reality TV is dishing up a new twist to televised nuptials — brace yourself for the teen bride.

Slice is currently casting in Canada for My Teenage Wedding, a series that has raised eyebrows among some parents who worry the show may be cashing in on the vul-

nerabilities of young love and could negatively impact youth audiences.

But those behind the series say the show is more of a social documentary that could even serve as a conversation starter for parents worried about their teens' relationships.

Nonetheless, the series, which will air next winter, concerns 38-year-old mother Gabrielle Domingues, who saw a notice about the show's casting call.

"I just think it's borderline inappropriate," she said of youth-focused reality show. "It's one thing to show adults in that light ... and another to show minors exposing their mistakes and their vulnerabilities at such a raw and impressionable age, and by asso-



Sarrah and Victor are a young couple featured in a pilot episode of the Slice show My Teenage Wedding, which is currently casting in Canada. HANDOUT

ciation making an impression and influencing youth who are watching."

The proliferation of youth-focused reality shows makes the self-described pop culture

junkie from Toronto wonder how much media attention her 10-year-old will want as he grows up, particularly since he already enjoys making YouTube videos with his family.

"Because they see themselves reflected back on the screen, a lot of kids now do think 'I could do that, I could be on that show,'" she said. "As a parent, I can teach my

children what's appropriate and what's not ... You need to have a dialogue."

Those behind My Teenage Wedding say the show is a way to start that conversation if a parent is concerned about their child's relationships or the impact reality shows might have.

"It actually gives them a vehicle and a reason to bring it up," said Christine Shipton, vice-president of original content at Shaw Media — Slice's parent company — who notes she hasn't heard any parental concerns from the airing of four pilot episodes in the spring.

"If this is a point of view that you're concerned is affecting your kids in a negative way, you need to talk to them about it." THE CANADIAN PRESS



LeAnn Rimes

Anxiety, stress forces LeAnn Rimes into rehab

Just after celebrating her 30th birthday, country singer LeAnn Rimes has checked herself into rehab for "anxiety and stress," her rep confirms to People magazine.

"LeAnn has voluntarily entered a 30-day in-patient treatment facility to cope with anxiety and stress," the rep says. "While there will be speculation regarding

her treatment, she is simply there to learn and develop coping mechanisms." Rimes herself is looking forward to feeling better after her month in rehab: "All the things in my life will be there when I get out, but you know what? I'm hoping they're not going to affect me as much," she says. "I'll have the tools to know how to deal with them."



Lindsay Lohan

Li-Lo a dream to work with, actor says

Lindsay Lohan has had more than her share of problems lately, but at least her coworkers are singing her praises.

Nolan Gerard Funk, who co-stars with the troubled actress in the recently wrapped film *The Canyons*, says Lohan was a dream to work with, according to Entertainment Tonight.

"Lindsay and I had some great chemistry. She's definitely an exciting actress

to work with," he says. "You never know what's going on (with Lindsay). I really enjoyed being in the scenes with her. You're never bored."

He especially wasn't bored, he admits, during the more intimate moments he filmed with Lohan in the steamy, adult-themed film. "I've never done a love scene before. I can't say I didn't enjoy it," he says.

Shocking: Dating in Hollywood is tough!

If Jamie Kennedy learned one thing from his relationship with Jennifer Love Hewitt, it's that dating in Hollywood is especially tough. "People weren't rooting for a good

relationship," he tells People magazine. "That was really hard to deal with. You see snarky headlines and eventually you just have to stop reading that stuff."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



And the '90s lived happily ever after

THE WORD
Monica Weymouth
scene@metronews.ca

Jennie Garth and Luke Perry are at the center of one of our favourite unsubstantiated rumors of the summer.

The former 90210 costars recently reunited for an Old Navy commercial — and if you believe the *National Enquirer*, (go on, live a little!) they're still seeing plenty of each other.

"Since seeing Luke again, Jennie has fallen in love with him and Luke feels the same," a source tells the *National Enquirer*. "There is an electric

city between them that has been revived after all these years. It just happened." At the Old Navy shoot, "Luke immediately put his arm around Jennie and they talked like no one else was around," the source adds.

On the show, Garth's Kelly infamously made weekly bad decisions with Perry's Dylan.

In real life, Garth is in the process of divorcing actor Peter Facinelli, while Perry has been divorced since 2003. Still, Perry's downer of a publicist insists that this doesn't mean they're eternal prom dates: "This story is not true," he tells E! News, as if we're concerned about facts.

The moral of the story here: Kelly and Dylan have worked things out after all these years, and there is, indeed, hope and truth in the world after all.



Sofia Vergara

Vergara looking forward to long engagement

Sofia Vergara confirms that yes, Nick Loeb did propose to her during her birthday trip to Mexico earlier this summer, but don't expect the wedding anytime soon.

"I haven't started planning anything because everything has been very recent," she tells Celebuzz. She also says she's not opposed to being a mom

again post-wedding: "It's something that maybe one day I'll do again. I wouldn't mind," she says. "I mean, I think I can still do it. But you know, when you want to do something like that, you want to do it right, at the right moment, so I am taking it easy, so maybe when I have a little less work."

NBA star suing club after Drake-Chris Brown brawl

The fallout from the nightclub brawl between Drake and Chris Brown's entourages continues, with NBA star Tony Parker now suing the club for \$20 million over injuries he sustained in the melee, according to TMZ. Parker's suit claims the owners of nightclub W.i.P. should have been aware of the "bad blood" between the two R&B stars.

The club owners counter that they can't be expected to keep track of their patrons' personal lives.



Tony Parker

Twitter



@ParisHilton

Wanted a better view of the Shanghai skyline, so I climbed out my window bc there was no balcony. So scary!



@russellcrowe

thanks Anne Hathaway, read *Just Kids* by Patti Smith. Silken in it's sadness, a loving gift. Enduring, endearing, enriching.



@aplusk

There's good. There's bad. There's Nicolas Cage.



@SarahKSilverman

Eating cereal over the sink is exactly what I dreamed of as a little girl so I'm right on track



Pelau is a one-pot rice dish and a great introduction to Trinidadian cooking. CHRIS DE LA ROSA OF CARIBBEANPOT.COM

A culinary journey to Trinidad and Tobago

Pelau. As the island celebrates its 50th year of independence, try one of its staple dishes

IZABELA
SZYDLO
life@metronews.ca

When, in 2009, self-taught chef Chris De La Rosa launched his website, caribbeanpot.com, he wanted to create an archive of recipes from his native Trinidad and Tobago for his daughters.

A few years later, the site has grown into a hub for Caribbean cooking — spawning a YouTube channel and Facebook page. Recently, it was even picked up by two Caribbean TV stations for its own segment.

“There is much more to Caribbean cuisine than jerk chicken, roti and curry goat,” says De La Rosa, from Hamilton, Ont. “There is a vast array of food to be found from island

to island, depending on which country colonized it.”

Trinidadian Pelau is a great introduction. A one-pot rice dish, it is similar to Spanish Paella. “Pelau embodies the true multicultural and multi-ethnic spirit of Trinidad,” says De La Rosa. “With coconut milk and meat marinated in fresh herbs and spices, it is the ultimate rice dish.”

1. Clean chicken with citrus juice, rinse with water and drain. Season and marinate chicken in bowl with salt, Worcestershire sauce, ketchup, garlic, ginger, onion and tomato, cilantro, black pepper, scotch bonnet pepper, scallion, thyme for at least 2 hours.

2. Heat oil in large pot; add brown sugar. It will start to melt (keep stirring) then go frothy. When it turns amber, add chicken and stir well. Cover pot; cook on medium 10 mins. 3. Rinse peas; wash rice. Re-

De La Rosa's Tips

Find your way around a Caribbean kitchen.

- **Fresh.** Achieve authentic flavour with fresh herbs like thyme and cilantro.
- **Marinate.** A huge part of Caribbean cuisine is marinating meats and fish in fresh herbs and spices.

move pot lid and turn up heat to burn off any liquid. Pour rice into pot, then peas, carrots, coconut milk and water.

4. Stir and quickly bring back to boil. Cover pot and allow to simmer 35 minutes or until all liquid absorbed and rice is tender. Add teaspoon of butter.

5. Serve with slice of avocado, tomato and cucumber.

RECIPE COURTESY OF CHRIS DE LA ROSA

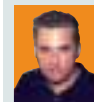
Ingredients

- 5 lbs chicken drumsticks
- Juice of lemon
- 1 tbsp salt
- 1 tsp each Worcestershire sauce and ketchup
- 2 cloves garlic (thinly sliced)
- 1 tsp grated ginger
- 1 each medium onion and tomato (chopped)
- 2 tbsp cilantro
- 1/2 tsp black pepper
- 1/4 scotch bonnet pepper
- 1 scallion (chopped)
- 3 sprigs fresh thyme
- 2 tbsp vegetable oil
- 1 heaping tbsp golden brown sugar
- 3 cups long grain brown rice
- 1 can pigeon peas
- 1 carrot sliced into coins
- 1 cup coconut milk
- 3 cups water
- 1 tsp butter (optional)

OF CARIBBEANPOT.COM

Liquid Assets

Carnival in your glass



LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

I'm not much of a beach person so my interest in Trinidad and Tobago was lacking until I saw Nicki Minaj's Pound the Alarm music video. Shot on the Caribbean archipelago (she's from Trinidad), its plot is basically Minaj, and a group of equally lovely ladies, celebrating Carnival.

Though a simple premise, I can't wait to learn more — starting with the food. A Caribbean spread is best described as eclectic, influenced by a wide array of international cuisine.

Curries, spices, creamy sauces, meats, rice, veggies and fruit are primary components of the islands' mains — which all equate to a wine pairing nightmare.

Of course, tropical island wine production is non-existent. That's why beer, a shot of local rum or a cocktail is the go-to beverage.

When you're filling your mouth with food loaded with pizzazz, you've got to reach for a refreshing wine with a palate-soothing personality.

It doesn't have to be complex. You may think of the 2011 Black Tower

(\$8.95 - \$11.49) as a redundant German white from your parents' day. Made with the rivaner (a.k.a. müller-thurgau) grape, its juicy flavour and cool limited edition, summertime bottle design have a T&T menu written all over them. **PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**



Pholourie. A Trinidadian roadside favourite makes for a unique appetizer

“Pholourie, fried little balls of split pea flour, is a perfect appetizer, snack or side dish,” says Chris De La Rosa of caribbeanpot.com. “However, it is most passionately enjoyed as a quick meal from roadside vendors. The chutneys it is served with truly excite the taste buds.”

1. Crush garlic and scotch bonnet pepper to fine paste, add salt; set aside. In large bowl combine flour, baking powder, split peas powder

and turmeric. Add garlic and pepper mix and water. Mix thoroughly to form lump-free batter. Allow to sit 30 mins.

2. In deep frying pan, add enough oil to deep fry, turn heat on medium to high. When oil is hot, use a tablespoon to scoop batter into the oil. Use a second spoon to scrape batter off of the original spoon. Don't worry if the first batch turns out deformed in shape, you'll get the hang of it.

Ingredients

- 1 - 2 cloves garlic
- 1/4 scotch bonnet pepper
- 1 tsp salt
- 1 cup all-purpose flour
- 1 tsp baking powder
- 1 cup ground split peas (flour)
- 1 tsp turmeric
- 1 1/3 cups water
- Oil for deep frying

3. Pholourie will double in



Pholourie is best served with chutney. CHRIS DE LA ROSA OF CARIBBEANPOT.COM

size as it cooks. Using a fork, flip so both sides cook. When fully cooked, they will turn golden brown and float. Remove from oil and place on paper towels to absorb excess oil.

4. Serve warm, with mango chutney for which you can find a recipe, at caribbeanpot.com/a-simple-mango-chutney-for-pholourie/

RECIPE COURTESY OF CHRIS DE LA ROSA OF CARIBBEANPOT.COM

3 FREE

On the Web



Somewhere between a cake and a pudding, try Chris De La Rosa's recipe for Cassava Pone. Scan this code or visit metronews.ca/food



Canadian Milos Raonic serves during his match against Paul-Henri Mathieu on Thursday in New York. ELSA/GETTY IMAGES

Things looking up for Raonic at U.S. Open

Tennis. Power-serving Canadian says he's 'getting better and better' after winning 2nd-round match

Another career first for Milos Raonic.

The hard-hitting 21-year-old from Thornhill, Ont., defeated Frenchman Paul-Henri Mathieu 7-5, 6-4, 7-6(4) at the U.S. Open on Thursday, firing 30 aces to advance to the third round at Flushing Meadows for the first time in his career.

Raonic played better Thursday than he did in his opening match against Colombia's Santiago Giraldo.

Retirement

Roddick says he's done after Open

Andy Roddick is ready to walk away from tennis whenever his U.S. Open ends.

The 2003 U.S. Open champion and former No. 1-ranked player surprisingly announced his plans to

retire at a news conference at Flushing Meadows on Thursday, his 30th birthday.

"I'll make this short and sweet: I've decided that this is going to be my last tournament," said Roddick.

"I just feel like it's time. I don't know that I'm healthy enough or committed enough to go another year," he said.

THE ASSOCIATED PRESS

The Canadian had to rally from a set down and break to earn the first-round victory.

"I played much better today than in the first round, as far as the basics go," Raonic

said. "But I still need to do quite a few things better."

"The two breaks I got, I played good points each time. But I wasn't happy with my return games, I wasn't doing enough with the ball."

Raonic is the first Canadian male to get this far in this event in 24 years. Montreal's Martin Laurendeau reached the fourth round of the U.S. Open in 1988.

The 15th-seeded Raonic needed two hours 10 minutes to clinch the win. He'll face American James Blake in the third round.

"I do feel good about my game, I'm getting better and better," Raonic said. "I now have two days to get even better."

THE CANADIAN PRESS

NHL

Players take time to draft proposal

The NHL Players' Association needed some overtime to prepare its next offer in collective bargaining.

Donald Fehr, the NHLPA's executive director, had hoped to table a counter-proposal Thursday, but instead called off the session to devote more time to drafting it. The sides were scheduled to resume talks Friday morning.

The union received detailed team-by-team financial information from the 2011-12 season this week and spent Thursday combing through it.

THE CANADIAN PRESS

Paralympics

Huot makes it nine gold in pool

Benoit Huot won Canada's first medal of the 2012 Paralympic Games with an exclamation mark.

The 28-year-old captured gold in the 200 individual medley, lowering his own record by a quarter of a second Thursday, finishing in two minutes 10.01 seconds.

It was Huot's ninth career gold medal, but first since 2004 when he dominated the Paralympics in Athens with five victories.

Summer Mortimer of Ancaster earned silver in the women's 200 I.M.

THE CANADIAN PRESS



Montreal's Benoit Huot won gold in London on Thursday. GETTY IMAGES

Mobile sports



Citing common traits between soldiers and football players, particularly when dealing with stressful situations that can lead to injury, the NFL and U.S. Army have teamed up on a long-term program to care for and prevent concussions and head trauma, as well as other health issues. Scan the code for the story.

Eberle joins Hall for long-term in Edmonton



Jordan Eberle says he hopes to continue his high-calibre production in Edmonton after "a huge summer in training." BRUCE BENNETT/GETTY IMAGES FILE

Jordan Eberle and Taylor Hall will continue to be the cornerstones of the Edmonton Oilers.

Eberle agreed to a six-year, \$36-million US contract extension with Edmonton on Thursday. The move comes just over a week after Hall, Eberle's roommate, signed a seven-year, \$42-million extension with the Oilers.

"Obviously, me and Taylor want to be a part of this team for a while," Eberle said during a conference call. "That's why we signed this way."

"I think it signifies the young core of the group want-

Quoted

"Our success in the past couple of years hasn't been nearly where we want it to be and next year is going to be a huge stepping stone for us."

Regina's Jordan Eberle on the future of the Oilers

ed to be here."

The five-foot-11, 184-pound Eberle was taken in the first round, 22nd overall, by Edmon-

ton in the 2008 NHL entry draft.

The 22-year-old Regina native had 34 goals and 42 assists in 78 games last year with the Oilers.

Eberle said both he and Hall spoke often during the respective contract negotiations and it was important to the two stars that they sign deals worth the same on an annual basis.

"I think it kind of signifies, like I said before, that we both want to be here for a significant amount of time," he said. "We see the direction the team is going and that's in a forward direction." THE CANADIAN PRESS



Darian Durant, right, loses his helmet while being tackled by Calgary Stampeder's Chris McCoy, Saturday, Aug. 25, in Regina. LIAM RICHARDS/THE CANADIAN PRESS

Riders view Classic as chance to change season's fortunes

CFL. Saskatchewan players enthusiastic ahead of rivalry game against Winnipeg

The Saskatchewan Roughriders see this year's Labour Day Classic as a chance to climb out of the CFL West basement.

On Sunday afternoon at Mosaic Stadium, the 3-5 Roughriders aim to snap a five-game losing streak against the 2-6 Winnipeg Blue Bombers, who play their first game under new head coach Tim Burke.

Corey Chamblin, Sas-

katchewan's rookie head coach, has been preaching focus and intensity to his team this week, and Thursday's practice was as enthusiastic and loud as any workout this season. There were unmistakable signs of energy and enthusiasm as the players attempt to answer Chamblin's challenge against the Bombers.

"I talked to the guys about frustration," Chamblin told reporters after practice. "I told them that frustration can be a good thing ... we have to focus. It's the little things."

Defensive end Odell Willis, a former Blue Bomber, was his usual animated self, claiming that his team's

recent losing skid hasn't changed his approach to the game.

"At the end of the day, it's football. You still have to have fun," he said. "I've been around long enough to understand the vibes of the locker room. The vibe is different because all we have to do is clean up the mistakes. Nobody has beaten us. We've beaten ourselves."

Willis has participated in the Labour Day Classic before, but never as a Roughrider.

"I know what it's like coming from the Winnipeg side," he said. "This will be my first time coming from the Saskatchewan side."

Veteran offensive guard Brendon LaBatte finds himself in a similar situation. The Regina native played with the Bombers for four seasons before joining the Riders last winter as one of the team's high-profile free-agent signings.

"I was a little bit jealous

of all the other Saskatchewan guys," he said.

Saskatchewan's defence has shown improvement as the season approaches the halfway point, but the offence has been struggling to score points. Quarterbacks coach Khari Jones suggested this has to do with personnel changes that have been made because of injuries or sub-standard performances.

Jones particularly wants to see improvement in the Riders' long passing game. Quarterback Darian Durant and his receivers found success early in the season, but opposing defences appear to have caught on, and Saskatchewan's aerial attack has lately been confined to shorter passes.

"I've been around good teams and I've been around bad teams," Jones said, who played this game as a Blue Bomber earlier in his career. "This is a good team. I really believe that." **THE CANADIAN PRESS**

RIDERS



JEFF
MACKEY
jeff.mackey@metronews.ca



I for one can't wait for the Winnipeg-Saskatchewan games.

Could you fathom a better chance for the Riders to bust out of their slump than to play back-to-back games against the only team ranked lower than them? While the Bombers are still breaking in a new head coach no less!

Winnipeg media reported earlier this month that Roughriders merchandise is rapidly filling up Winnipeg stores. Hardly surprising. The way the Bombers have been playing lately, I can only imagine their merchandise sales are even lower than their win percentage.

Even long-term I can't help thinking things seem a

lot better on this side of the border. After all, this was always going to be a rebuilding year in Saskatchewan.

The Riders may be inexperienced, but they are also a very gifted team. In short, they have the type of players you can build around and take to the Grey Cup.

Winnipeg on the other hand is the shell of a team that were once Grey Cup contenders, the majority of which has been sold for spare parts.

Even Bombers head coach Paul LaPolice was tossed overboard. LaPolice had even managed to take the Bombers to the Grey Cup Game; if anyone could coach that team of misfit toys it was him.

LABOUR DAY CLASSIC: CHOOSE YOUR SIDE

Metro Winnipeg managing editor Elisha Dacey and Metro Regina reporter Jeff Mackey make cases for their hometown teams

BOMBERS



ELISHA
DACEY
elisha.dacey@metronews.ca

Dear Rider fans:

Cheering for a team that has lost five in a row sucks. Us Bomber fans know. But now you're about to lose a sixth. You have my pity.

We've always had a love-hate relationship with our backwards cousins to the west, and due to a full moon combined with several black cats walking under ladders otop of broken mirrors last year, Saskatchewan pulled out a flukey Labour Day Classic

win over the Bombers. Hope you savoured that victory, because it will not happen again.

Reasons why you will lose and we will win:

1. Joey Elliot is a much cooler name than Darian Durant.

2. Your cheerleaders are all related to each other.

3. Beer cup snakes are more badass than watermelon hats.

4. You say you have the best fans, yet Winnipeg has the loudest stadium in the league. Huh.

5. Your colour is green to hide the grass stains that will be all over Durant when he's sacked again and again and again.

I am so confident in a Bomber win that if they lose, I will change my Twitter picture to a Rider logo for the week before the Banjo Bowl.

Of course, since Saskatchewan just got the Internet last week, you probably won't see it.



Quoted

"I see it in practice. The guys are getting comfortable with each other. There's a lot of pieces to the puzzle."

Quarterbacks coach Khari Jones says there are indications of progress with the Riders' offence

Crosby would consider Europe, agent says

NHL. With labour talks stalling, Brisson says Pens captain would look at alternatives

If there's an NHL lockout, Sidney Crosby could head overseas to Europe.

Crosby would at least consider playing in Europe if there's a long lockout in the NHL, Crosby's agent Pat Brisson told the Pittsburgh Post-Gazette.

"If at one point there's a lockout and the lockout goes long ... Sidney wants to play hockey," Brisson told the paper. "Of course he would consider alternatives."

Crosby is just one of a number of NHL players European teams have inquired about if there's a lockout. Crosby's teammate, Evgeni Malkin, said he would return to the KHL if there is a lockout and suspected Crosby would wait to see if the lockout dragged on.

"If the lockout is announced for the entire season, then Crosby may come," Malkin told SovSports in Russia. "He loves to play and won't be able to live an entire year without hockey."



Sidney Crosby's agent says the superstar centre "just wants to play hockey" and would possibly take his talents to Europe. PAUL BERESWILL/GETTY IMAGES FILE

Brisson said he "can't put any time frame" on when Crosby would consider looking for work outside the NHL, but said he's "feeling great."

For the most part, players would only go to Europe with a contract proviso that allows them to return if the NHL resumes play.

TORSTAR NEWS SERVICE

European exodus

During the 2004-05 lockout, almost 400 NHLers played in European leagues.

- Most of the players who went to Europe were European, but some notable

Canadian names went overseas back then including Vincent Lecavalier (Ak Bars Kazan in Russia), Joe Thornton and Rick Nash (both HC Davos, Switzerland).



Pre-season party in Green Bay

Packers running back Alex Green celebrates with fans after rushing for a touchdown in a 24-3 pre-season win over the Kansas City Chiefs on Thursday. Thirteen games were on tap as teams got their final chances to tune up before the regular season begins on Wednesday with a clash between the Dallas Cowboys and New York Giants. MORRY GASH/THE ASSOCIATED PRESS

Soccer. Canada sets roster for next round of qualifying

Canada's men's soccer team coach Stephen Hart chose experience over youth for the next World Cup qualifiers.

Hart unveiled a veteran-laden roster Thursday for Canada's upcoming World Cup-qualifying series against Panama. All players listed have experience in World Cup qualifiers.

"I tried as much as possible to go with the players that are playing (with their club teams) and look to where we may need the most reinforcement and just go from there," said Hart on a conference call with reporters.

Canada opens a two-game, total-goals series against Panama at BMO Field in Toronto on Sept. 7. The return match takes place in Panama City on Sept. 11.

The 21-player list includes MLS veterans Dwayne DeRosario of D.C. United, Julian de Guzman of FC Dallas, Patrice Bernier of the Montreal Impact and Terry Dunfield of Toronto FC. Dunfield earned a recall after he was left off the squad for the qualifiers' second round in June but stood out in a friendly against Trinidad and Tobago earlier this month in Florida. THE CANADIAN PRESS

Working for the weekend



CFL EXTRA POINTS

Dan Toth
regina@metronews.ca

Buono steps out of line in B.C.; Tillman gets one right in Edmonton; Riders slowly working towards a winning solution; and other musings ahead of CFL Labour Day Weekend clashes

Photos by The Canadian Press/Torstar News Service



Buono's tangent hypocritical

As the CFL's elder statesman, Wally Buono is constantly asked for his opinion on league matters, but the Lions GM should sometimes bite his tongue. This week Buono teed off on Winnipeg's handling of the Paul LaPolice firing, something Buono would certainly resent if it was his organization that was under fire.



Ring one up for GM Tillman

We've spent plenty of time trashing Esks GM Eric Tillman for trading away QB Ricky Ray in the off-season, but not all his moves were lame. Tillman's signing of 38-year-old backup QB

Kerry Joseph, who helped the Esks to a 26-17 win in Toronto after Steven Jyles' was injured on Monday, looks like a sage decision now.



Labour Day losers

The CFL schedule makers could use a little imagination. Calgary always host the Eskimos on Labour Day weekend, with the rematch the following Friday in Edmonton, but then things get weird. The Stamps and Esks meet two more times in the season's final eight weeks, but why not throw in an early season matchup between the rivals and a late-season game to avoid the deja vu?

Ray should get a pass ... for now

Blame Ricky Ray all you want for a 4-4 record and last week's loss to Edmonton in which he threw two picks, but pass protection has become an issue in Toronto. The Argos must hope the signing of offensive lineman Joel Reinders, a top pick in the 2010 Canadian Draft, should eventually help in that area.



All is not lost in Saskatchewan

The gnashing of teeth in Saskatchewan is understandable during a five-game skid, their longest slump since 2005. Worse yet, the 3-5 Riders must go 6-3 from here on to post a .500 record, which won't guarantee a playoff spot. Yet the team is improving (slowly) and signing LBs Joe Lobendahn and Diamond Ferri this week will only make them better.

Burke walks into good situation

Most CFL insiders hate the firing of Paul LaPolice, pictured, but the timing is excellent for new head coach Tim Burke. The Bombers should have fragile QB Buck Pierce back next week and back-to-back games against the sliding Roughriders give Burke the best chance to turn around a ghastly situation in the 'Peg.



Horoscopes

Aries

March 21 - April 20
No matter what other people might say, they can only hurt you if you let them. Someone will go out of their way to criticize you today. Ignore them. Take no notice of anyone's opinions but your own.

Taurus

April 21 - May 21
Try not to make any rash decisions today, especially if they are likely to affect other people as well as yourself. What is good for you may not be good for a friend or a colleague — or anyone else.

Gemini

May 22 - June 21
Today, under no circumstances should you resort to questionable tactics. Common sense should tell you that sticking to the rules is good business — and if common sense doesn't tell you, the full moon will find a more hurtful way.

Cancer

June 22 - July 23
Full moons are never easy to deal with but this one won't damage you too badly. The most important thing is that you find something of a positive nature to focus on and channel your energy into.

Leo

July 24 - Aug. 23
Something that has been bugging you for ages will reach crisis point over the next 24 hours. However, if it involves money, property or investments, you are advised to get expert advice before acting in any way.

Virgo

Aug. 24 - Sept. 23
You must not let today's full moon in your opposite sign of Pisces get you down. No matter what happens, there is no reason why you cannot work things out to your benefit. Loved ones need you to be strong.

Libra

Sept. 24 - Oct. 23
It may get a bit much this weekend and you may well decide to just let fate take its course. That's good. Sometimes it is best to not try too hard. And sometimes it is best to not try at all.

Scorpio

Oct. 24 - Nov. 22
You are not the sort to resist saying something controversial just because it might hurt other people's feelings, and you'll have plenty to say for yourself today. It might surprise you though how angrily others respond.

Sagittarius

Nov. 23 - Dec. 21
You are at a crossroads and have to decide which turn to take. Before you make that decision, you would be wise to think of your own needs. Don't give up on something simply because others do not approve.

Capricorn

Dec. 22 - Jan. 20
Bite your tongue and keep your thoughts to yourself. It may not be easy but if you want the space and the peace you need to complete what you are working on, you must not be critical or sarcastic — for now.

Aquarius

Jan. 21 - Feb. 19
This is precisely the wrong time to gamble with what you own and earn. Today's full moon warns you won't know for sure which way the wind is blowing until the early part of next week, so hold fire.

Pisces

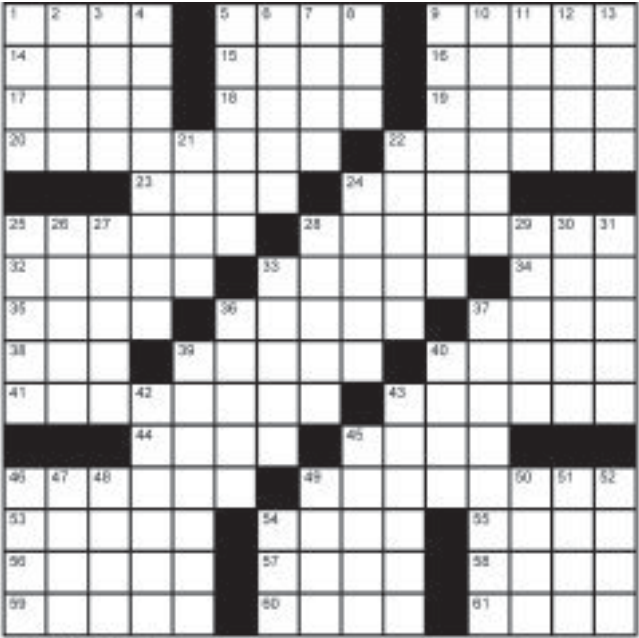
Feb. 20 - March 20
A full moon in your birth sign means that even if you are the most laid-back Pisces who ever lived you will still be rather emotional today. Scream and shout if you have to — you'll feel better for it. **SALLY BROMPTON**

Crossword: Miscellany

Across

- Après-___: afternoon (Fr.)
- Actor Reynolds or Lancaster
- Gather together
- Lost
- Largest continent
- Victor Borge, Hamlet, and Viggo Mortensen
- Sunbathing goal (2 wds.)
- Regretted
- Trail walker
- 1976 Summer Games locale
- Four-door cars
- Shout
- Hard-to-find
- Toronto-born Raymond who played President Lincoln in 1940 in *Abe Lincoln in Illinois* and in 1962 in *How the West Was Won*
- Legal strategies
- Coolly detached
- Animal with two feet
- What a dentist has you say
- Burg
- Palatial home
- Angel: Fr.
- WSW opposite
- Gives a thumbs-up
- Dickens' ___ of *Two Cities* (2 wds.)
- Toronto-based "Lunatic Fringe" (1981) group (2 wds.)
- Bank clerk
- "I've got ___ feeling about this!": Han Solo (2 wds.)
- Angelic glow

- Flames footwear
- Western capital
- Deed possessor
- "No ___": "I can do that easily"
- Plant used to make poi
- Black-and-white "bear"
- His wife is a countess
- List part
- Tangle
- "... was blind but now ___": "Amazing Grace" (2 wds.)
- Detective's job
- Polite way to address a woman
- "What ___ become of me?" (2 wds.)
- University administrator
- Toronto-born "Four Strong Winds" composer (2 wds.)
- With no room to spare
- Ordinary
- Manitoba's Louis ___
- "Just a ___": little bit
- Stuck (to)
- Knight's lady
- Ottawa-born singer-composer who wrote "My Way"
- Observed
- Georgia and Belarus, once: abbr.
- Snorkeling locale
- Toronto-born *60 Minutes* regular Morley
- Short term for bank take-backs, of, say, autos,



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- after owners miss their payments
- Alma ___: college one attended
- Solo
- Distributed seeds
- Eatery
- Soo Locks waterway, e.g.
- US national bird
- Almost perpendicular,

- like a cliff
- Dried by heat
- Gold-loving king
- Where to find 54-Down
- Canada's oldest federally registered party
- Nestle chocolate bar
- For mature audiences (2 wds.)
- Do gymnastics

- Idolize
- Absorbs, with "up"
- Tae ___ do: karate type
- Canadian-born New Zealand actress Paquin
- Historic periods
- "Toodle-oo"
- Mined materials
- Iditarod's Alaska terminus
- Maritime Prov.

Apology

Due to gremlins in the system, the wrong puzzle clues appeared in Thursdays' Metro. The correct clues are online at metronews.ca.

Yesterday's Crossword



Sudoku

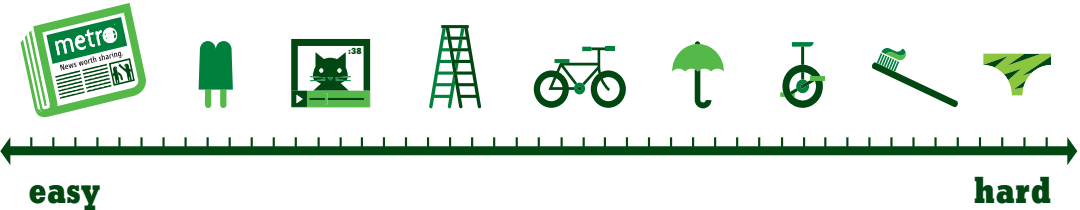
How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku



Sharability



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2/6⁹⁹

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or 4.99 case. Limit 4
Rest of week 2/9.99



2/\$5

COCA-COLA or PEPSI REGULAR or DIET
BEVERAGES 6 x 710mL Selected Types
+ Deposit & Enviro Levy Where Applicable
or 2.99 each. Limit 4
Rest of week 2.99



5⁸⁸
each

SCOTT TOWELS LONG LASTING (2 Roll),
REGULAR (6 Roll), ROYALE 2-PLY DOUBLE ROLL
or 3-PLY ULTRA BATHROOM TISSUE 12 Roll
Limit 4. After limit 6.49 Rest of week 6.49



1⁹⁹
each

LIFE BRAND EXTRA STRONG
PAPER TOWELS 8 Roll
Limit 4. After limit 2.99
Rest of week 2.99



25% off†

SELECTED VITAMINS or
NATURAL HEALTH
PRODUCTS



99¢
each

LIFE BRAND FLAVOURED (6 x 500mL)
or SPRING (12 x 500mL) WATER
Limit 4. After limit 1.49
Rest of week 1.49



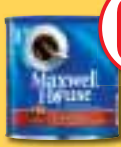
7⁹⁹
each

KRAFT DINNER 12 x 225g
Limit 4. After limit 9.99
Rest of week 9.99
While Quantities Last.
No Rainchecks.



1⁹⁹
each

EVERYDAY MARKET SUGAR 2kg
Limit 4. After limit 2.29
Rest of week 2.29



6⁹⁹
each

MAXWELL HOUSE ORIGINAL
ROAST GROUND COFFEE 925g
Limit 4. After limit 7.99
Rest of week 7.99



1⁸⁸
each

CHRISTIE COOKIES or CRACKERS
Selected Types & Sizes
Limit 4. After limit 1.99
Rest of week 1.99



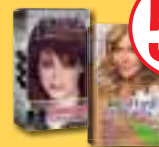
2/\$5

RUFFLES POTATO CHIPS (235g) or
TOSTITOS TORTILLA CHIPS (220g - 320g)
Selected Types or 2.99 each. Limit 4
Rest of week 2.99



30% off†

ALMAY EYE COSMETIC, WAKE UP or
SMART SHADE MAKEUP PRODUCTS
Selected Types
Rest of week 15% off*



5⁹⁹
each

L'IMAGE, NATURAL INSTINCTS or NICE'N
EASY ROOT TOUCH-UP HAIR COLOUR
Selected Types. Limit 4. After limit 6.99
Rest of week 6.99



229⁹⁹
each

ACER AOD270 NETBOOK
Limit 2. After limit 239.99
Rest of week 239.99
While Quantities Last. No Rainchecks
+ Environmental Handling or
Disposal Fee Where Applicable

*Points are issued according to the net pretax purchase total of eligible products after redemptions and discounts and before taxes using a valid Shoppers Optimum Card®. Excludes prescription purchases, Shoppers Optimum Bonus Points®, Shoppers Optimum® MasterCard® points and points associated with the RBC® Shoppers Optimum Banking Account, products that contain codeine, tobacco products (where applicable), lottery tickets, stamps, transit tickets and passes, event tickets, electronic gift cards, prepaid phone cards, Life Experiences® packages and Shoppers Home Health Care locations. Offer applies to photofinishing services that are picked up and paid for on Saturday, September 1st, 2012. Not to be used in conjunction with any other Shoppers Optimum Points® promotions or offers. Offer valid Saturday, September 1st, 2012 only. See cashier for details. © 911979 Alberta Ltd. †Our regular price. Prices in effect Saturday, September 1st, 2012 only. While quantities last. No rainchecks. See cashier for details.

SHOPPERS DRUG MART

